

## PHLP Tools that Address the CDC MAPPS Categories Nutrition & Physical Activity

### MEDIA\NUTRITION\ Media and advertising restrictions

- Restricting Food and Beverage Advertising in Schools  
<http://nplanonline.org/products/restricting-food-and-beverage-advertising-schools>
- First Amendment Implications of Restricting Food and Beverage Marketing in Schools  
<http://nplanonline.org/products/first-amendment-implications-restricting-food-and-beverage-marketing-schools>
- District Policy Restricting Food and Beverage Advertising on School Grounds  
<http://nplanonline.org/products/district-policy-restricting-food-and-beverage-advertising-school-grounds>
- District Policy Restricting the Advertising of Food and Beverages Not Permitted to be Sold on School Grounds  
<http://nplanonline.org/products/district-policy-restricting-advertising-food-and-beverages-not-permitted-be-sold-school-gro>
- How to Create and Implement Healthy General Plans  
<http://www.phlpnet.org/healthy-planning/products/create-and-implement-hea>

### ACCESS\NUTRITION\ Healthy food/drink availability

- Developing a Healthy Beverage Vending Agreement  
<http://nplanonline.org/products/developing-healthy-beverage-vending-agreement>
- District Policy Establishing a Healthy Vending Program  
<http://nplanonline.org/products/district-policy-establishing-healthy-vending-program>
- How to Enforce a Wellness Policy: A Guide for Parents and Community Advocates  
<http://nplanonline.org/products/how-enforce-wellness-policy-guide-parents-and-community-advocates>
- Creating a Healthy Food Zone Around Schools  
<http://nplanonline.org/products/creating-healthy-food-zone-around-schools>

- Model Healthy Food Zone Ordinance  
<http://nplanonline.org/products/model-healthy-food-zone-ordinance>
- Establishing Land Use Protections for Community Gardens  
<http://nplanonline.org/products/establishing-land-use-protections-community-gardens>
- Healthy Mobile Vending Policies: A Win-Win for Vendors and Childhood Obesity Prevention Advocates  
<http://nplanonline.org/products/healthy-mobile-vending-policies-win-win-vendors-and-childhood-obesity-prevention-advocates>
- Mobile Vending Laws in the 10 Most Populous U.S. Cities  
<http://nplanonline.org/products/mobile-vending-laws-10-most-populous-us-cities>
- Changes in the WIC Food Packages: A Toolkit for Partnering with Neighborhood Stores  
[www.phlpnet.org/healthy-planning/products/changes-wic-food-packages-toolkit-partnering-neighborhood-stores](http://www.phlpnet.org/healthy-planning/products/changes-wic-food-packages-toolkit-partnering-neighborhood-stores)
- Economic Development and Redevelopment: A Toolkit on Land Use and Health  
[www.phlpnet.org/healthy-planning/products/economic-development](http://www.phlpnet.org/healthy-planning/products/economic-development)
- Establishing Land Use Protections for Community Gardens  
[www.phlpnet.org/healthy-planning/products/establishing-land-use-protections-community-gardens](http://www.phlpnet.org/healthy-planning/products/establishing-land-use-protections-community-gardens)
- Establishing Land Use Protections for Farmers' Markets  
[www.phlpnet.org/healthy-planning/products/establishing-land-use-protections-farmers-markets](http://www.phlpnet.org/healthy-planning/products/establishing-land-use-protections-farmers-markets)
- Funding Sources for Healthy Food Retail  
[www.phlpnet.org/healthy-planning/products/funding-sources-healthy-food-retail](http://www.phlpnet.org/healthy-planning/products/funding-sources-healthy-food-retail)
- How to Create and Implement Healthy General Plans  
[www.phlpnet.org/healthy-planning/products/create-and-implement-hea](http://www.phlpnet.org/healthy-planning/products/create-and-implement-hea)
- How to Use Economic Development Resources to Improve Access to Healthy Food  
[www.phlpnet.org/healthy-planning/products/how-use-economic-develop](http://www.phlpnet.org/healthy-planning/products/how-use-economic-develop)  
Also available in Spanish!
- How to Use Redevelopment to Create Healthier Communities  
[www.phlpnet.org/healthy-planning/products/how-use-redevelopment-cr](http://www.phlpnet.org/healthy-planning/products/how-use-redevelopment-cr)  
Also available in Spanish!
- General Plans and Zoning: A Toolkit on Land Use and Health  
[www.phlpnet.org/healthy-planning/products/general-plans-and-zoning](http://www.phlpnet.org/healthy-planning/products/general-plans-and-zoning)

- Getting to Grocery: Tools for Attracting Healthy Food Retail to Underserved Neighborhoods  
[www.phlpnet.org/healthy-planning/products/getting-to-grocery](http://www.phlpnet.org/healthy-planning/products/getting-to-grocery)
- Zoning Talking Points  
[www.phlpnet.org/healthy-planning/products/zoning-talking-points](http://www.phlpnet.org/healthy-planning/products/zoning-talking-points)  
Also available in Spanish!

#### **ACCESS\NUTRITION \Limit unhealthy food/drink availability**

- Developing a Healthy Beverage Vending Agreement  
<http://nplanonline.org/products/developing-healthy-beverage-vending-agreement>
- Creating a Healthy Food Zone Around Schools  
<http://nplanonline.org/products/creating-healthy-food-zone-around-schools>
- Model Healthy Food Zone Ordinance  
<http://nplanonline.org/products/model-healthy-food-zone-ordinance>

#### **ACCESS\NUTRITION \Reduce density of fast food establishments**

- Creating a Healthy Food Zone Around Schools  
<http://nplanonline.org/products/creating-healthy-food-zone-around-schools>
- Model Healthy Food Zone Ordinance  
<http://nplanonline.org/products/model-healthy-food-zone-ordinance>
- How to Create and Implement Healthy General Plans  
[www.phlpnet.org/healthy-planning/products/create-and-implement-hea](http://www.phlpnet.org/healthy-planning/products/create-and-implement-hea)
- General Plans and Zoning: A Toolkit on Land Use and Health  
[www.phlpnet.org/healthy-planning/products/general-plans-and-zoning](http://www.phlpnet.org/healthy-planning/products/general-plans-and-zoning)
- Zoning Talking Points  
[www.phlpnet.org/healthy-planning/products/zoning-talking-points](http://www.phlpnet.org/healthy-planning/products/zoning-talking-points)  
Also available in Spanish!

#### **ACCESS\PHYSICAL ACTIVITY \Safe attractive accessible places for activity**

- How to Enforce a Wellness Policy: A Guide for Parents and Community Advocates  
<http://nplanonline.org/products/how-enforce-wellness-policy-guide-parents-and-community-advocates>

- Joint Use Agreement Resources  
<http://nplanonline.org/products/joint-use-agreements-promoting-student-health-while-protecting-your-district-liability>
- What Is a Joint Use Agreement?  
<http://nplanonline.org/products/what-joint-use-agreement>  
Also available in Spanish!
- Checklist for Developing a Joint Use Agreement (JUA)  
<http://nplanonline.org/products/checklist-developing-joint-use-agreement-jua>
- Joint Use Agreement 1: Opening Outdoor School Facilities for Use During Non-School Hours  
<http://nplanonline.org/products/joint-use-agreement-1-opening-outdoor-school-facilities-use-during-non-school-hours>
- Joint Use Agreement 2: Opening Indoor and Outdoor School Facilities for Use During Non-School Hours  
<http://nplanonline.org/products/joint-use-agreement-2-opening-indoor-and-outdoor-school-facilities-use-during-non-school-ho>
- Joint Use Agreement 3: Opening School Facilities for Use During Non-School Hours & Authorizing Third Parties to Operate Programs  
<http://nplanonline.org/products/joint-use-agreement-3-opening-school-facilities-use-during-non-school-hours-authorizing-thi>
- Joint Use Agreement 4: Joint Use of District and City Recreation Facilities  
<http://nplanonline.org/products/joint-use-agreement-4-joint-use-district-and-city-recreation-facilities>
- Liability Risks for After-Hours Use of Public School Property: A 50-State Survey  
<http://nplanonline.org/products/liabilitysurvey>
- Fifty-State Scan of Laws Addressing Community Use of Schools  
<http://nplanonline.org/products/fifty-state-scan-laws-addressing-community-use-schools>
- Liability for Use of School Property After Hours: An Overview of California Law  
<http://nplanonline.org/products/liability-use-school-property-after-hours-overview-california-law>
- Complete Streets Talking Points  
[www.phlpnet.org/healthy-planning/products/complete-streets-talking](http://www.phlpnet.org/healthy-planning/products/complete-streets-talking)  
Also available in Spanish!

- Establishing Land Use Protections for Community Gardens  
[www.phlpnet.org/healthy-planning/products/establishing-land-use-protections-community-gardens](http://www.phlpnet.org/healthy-planning/products/establishing-land-use-protections-community-gardens)
- How to Create and Implement Healthy General Plans  
[www.phlpnet.org/healthy-planning/products/create-and-implement-healthy-general-plans](http://www.phlpnet.org/healthy-planning/products/create-and-implement-healthy-general-plans)
- General Plans and Zoning: A Toolkit on Land Use and Health  
[www.phlpnet.org/healthy-planning/products/general-plans-and-zoning](http://www.phlpnet.org/healthy-planning/products/general-plans-and-zoning)
- Healthy Planning Policies: A Compendium from California General Plans  
[www.phlpnet.org/healthy-planning/products/healthy-planning-policies](http://www.phlpnet.org/healthy-planning/products/healthy-planning-policies)
- How to Use Redevelopment to Create Healthier Communities  
[www.phlpnet.org/healthy-planning/products/how-use-redevelopment-cr](http://www.phlpnet.org/healthy-planning/products/how-use-redevelopment-create-healthier-communities)  
Also available in Spanish!
- Safe Routes to School Talking Points  
[www.phlpnet.org/product\\_search/healthy-planning?page=1](http://www.phlpnet.org/product_search/healthy-planning?page=1)  
Also available in Spanish!
- Zoning Talking Points  
[www.phlpnet.org/healthy-planning/products/zoning-talking-points](http://www.phlpnet.org/healthy-planning/products/zoning-talking-points)  
Also available in Spanish!

#### **ACCESS\PHYSICAL ACTIVITY \ City planning, zoning, and transportation**

- How to Create and Implement Healthy General Plans  
[www.phlpnet.org/healthy-planning/products/create-and-implement-healthy-general-plans](http://www.phlpnet.org/healthy-planning/products/create-and-implement-healthy-general-plans)
- General Plans and Zoning: A Toolkit on Land Use and Health  
[www.phlpnet.org/healthy-planning/products/general-plans-and-zoning](http://www.phlpnet.org/healthy-planning/products/general-plans-and-zoning)
- Healthy Planning Policies: A Compendium from California General Plans  
[www.phlpnet.org/healthy-planning/products/healthy-planning-policies](http://www.phlpnet.org/healthy-planning/products/healthy-planning-policies)
- Safe Routes to School Talking Points  
[www.phlpnet.org/product\\_search/healthy-planning?page=1](http://www.phlpnet.org/product_search/healthy-planning?page=1)  
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- Zoning Talking Points  
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Also available in Spanish!

## **ACCESS\PHYSICAL ACTIVITY \ Require daily quality PE in schools**

- How to Enforce a Wellness Policy: A Guide for Parents and Community Advocates  
<http://nplanonline.org/products/how-enforce-wellness-policy-guide-parents-and-community-advocates>

## **ACCESS\PHYSICAL ACTIVITY \Require daily physical activity in afterschool/childcare settings**

- Model Physical Activity Standards for Child-Care Providers (For Infant Through Preschool-Age Children)  
<http://nplanonline.org/products/model-physical-activity-standards-child-care-providers-infant-through-preschool-age-children>

## **ACCESS\PHYSICAL ACTIVITY \ Restrict screen time (afterschool, daycare)**

- Model Physical Activity Standards for Child-Care Providers (For Infant Through Preschool-Age Children)  
<http://nplanonline.org/products/model-physical-activity-standards-child-care-providers-infant-through-preschool-age-childre>

## **POINT OF PURCHASE\NUTRITION \ Menu labeling**

- Model Menu Labeling Ordinance  
<http://nplanonline.org/products/model-menu-labeling-ordinance>
- Model Menu Labeling Ordinance: Background and Legal Issues  
<http://nplanonline.org/products/model-menu-labeling-ordinance-background-and-legal-issues>
- Menu Labeling Laws: A Comparative Analysis  
<http://nplanonline.org/products/menu-labeling-laws-comparative-analysis>
- Preemption and the Obesity Epidemic: State and Local Menu Labeling Laws in and the Nutrition and Labeling and Education Act  
<http://nplanonline.org/products/preemption-and-obesity-epidemic-state-and-local-menu-labeling-laws-and-nutrition-labeling-a>

## **SOCIAL SUPPORT & SERVICES\PHYSICAL ACTIVITY \ Safe routes to school**

- Safe Routes to School Talking Points  
[www.phlpnet.org/product\\_search/healthy-planning?page=1](http://www.phlpnet.org/product_search/healthy-planning?page=1)  
Also available in Spanish!