

Minimum WIC Stocking Inventory Amounts

WIC-authorized retailers are required to keep the following quantities on their shelves at all times.

| Minimum WIC Stocking Inventory | |
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| Food | Quantity |
| Cow's milk | Three gallons and one half-gallon of whole milk AND Eight gallons and two half-gallons and one quart of 2% or 1% or nonfat milk |
| Cheese | Three 1 lb packages of authorized types of cheese in any combination |
| Eggs | Three dozen |
| Juice | Two 64 oz shelf-stable single strength (any authorized flavor) OR Two 16 oz frozen concentrate (any authorized flavor) AND Three 11.5 oz or 12 oz frozen concentrate (any authorized flavor) OR Three 11.5 oz shelf-stable concentrate (any authorized flavor) |
| Dry beans/peas/lentils | 3 lbs of any combination of dry beans, peas, or lentils in 1 lb packages or 3 lbs in bulk |
| Peanut butter | Two 16- to 18-oz jars |
| Canned fish | Six 5 oz cans of tuna OR Five 6 oz cans of tuna |
| Breakfast cereal | At least two boxes each of any four authorized cereals, one of which must be a whole grain cereal |
| Whole grain products | Three 1 lb packages of "100% whole wheat" bread in the form of loaves, rolls, or buns OR Three 1 lb packages of soft corn tortillas OR Three 1 lb packages of oatmeal or 3 pounds in bulk OR Three 1 lb packages of brown rice or 3 pounds in bulk |
| Fresh fruits and vegetables | \$16 worth combination of two varieties of fruits and two varieties of vegetables |
| Infant fruits and vegetables (baby food) | Sixty-four 4 oz jars OR Thirty-seven 7 oz twin packs |
| Infant meats | Thirty-one 2.5 oz jars |
| Infant cereals | Three 8 oz boxes of any combination of authorized infant cereals |
| Infant formula | Ten 12.9 oz cans of Enfamil LIPIIL with Iron powder OR Thirty-four 13 oz cans of Enfamil LIPIIL with Iron liquid concentrate AND Ten 12.9 oz cans of Enfamil ProSobee LIPIIL powder OR Thirty-four 13 oz cans of Enfamil ProSobee LIPIIL liquid concentrate |

WIC-Allowed Foods (Not Required to Stock)

- ▶ Quart of whole milk
- ▶ Quart and half-gallon of whole, 2%, 1%, or nonfat lactose free milk
- ▶ Quart and half-gallon of acidophilus milk
- ▶ Powdered dry milk (9.6oz and 25.6oz)
- ▶ Evaporated milk (12 oz)
- ▶ Tofu (12–16 oz)
- ▶ Soy-based beverage (Pacific Natural Foods Ultra Soy Plain in quart size)
- ▶ Canned beans, peas, and lentils (15–16oz cans)
- ▶ Canned pink salmon (6oz and 14.75 oz cans)
- ▶ Canned sardines (15 oz cans)
- ▶ Whole wheat tortillas (1lb package)
- ▶ Barley (1 lb bags or in bulk)
- ▶ Bulgur (1 lb bags or in bulk)
- ▶ Canned fruits and vegetables (any size that costs \$4 or less)
- ▶ Frozen fruits and vegetables (any size that costs \$4 or less)
- ▶ Enfamil Gentlease LIPIL (12 oz powder)
- ▶ Enfamil AR LIPIL (12.9 oz powder)